**Gemini Nails and Tan**

**Aftercare Advice**

*How to Keep your nail Extensions Beautiful!*

We would like you to be delighted with you set of nail enhancements and to ensure they stay looking beautiful we ask that you take note of the following advice, Thank you x

***General advice and a little extra knowledge***

*Doctors Orders*

Think of your nail technician as your personal nail doctor; please listen carefully to our advice. If at any time you break a nail or one of your nails start to lift away from your natural nail, please schedule an appointment with your nail Tech so she can fix it. Please do not attempt to repair, glue or “plaster up” the nail yourself as this could lead to moisture and bacteria becoming trapped underneath the nail enhancement and could lead to an infection.

*Home Care*

Your nail Tech has a range of fabulous home care nail products for you to help you keep your nail enhancement beautiful. Especially important is the use if cuticle oil, it not only keeps your cuticle supple but also nurtures your natural nail bed providing it with all the necessary vitamins, as well as keeping your nail enhancements more flexible helping them to last longer and prevent small cracks and breakages. Apply a small drop to each nail and gently massage in. Do so on an evening leave the oil on over night to give it time to get into action. It is also recommended that you wear gloves when gardening or using water over a long period of time.

*No Biting, Pulling or Cutting!*

In between one appointment and the next you may find that as your nails grow the length of your nails become uncomfortable. You can carefully file down your nails with a nail file if you wish; your nail tech will be more than happy to show you how to do so correctly. DO NOT cut the enhancements down with nail clippers, doing so incorrectly could lead to you damaging your natural nails. DO NOT Bit, Pull or Chew your nail enhancements at any time , lease schedule an appointment with your nail tech, she will remove your nail enhancements safely, without causing any damage and perform a mini manicure leaving your nails in perfect condition.

*Be Regular*

Returning regularly for your infill is very important if you wish to keep the integrity of your natural nail bed. Infill’s are also known as a rebalance, this is because during your infill your nail tech will rebalance the nail perfectly relieving the excess strain caused to your nail bed. As your natural nails grow, so do your enhancements causing them to become “Top Heavy”, thus putting too much strain on your natural nails, this causes them to break.

***General Hints and Tips***

* Every two or three days apply a coat of clear nail polish to maintain beautiful nails and flexibility of the nail extensions. This is imperative if you want your nails to remain beautiful in-between visits.
* If any redness, irritation, discolouration or rash occurs please contact us immediately for removal of enhancements.
* Take care with car doors. Ring Pulls, Cupboard doors etc. Your enhancements are strong but are designed to break under pressure.
* Please do not use your nails to pull or pry anything as this can result in trauma to the natural nail.
* Please be aware that there is a chance that the use of sun beds can cause discolouration of the nail enhancements, we recommend you apply a coat of clear polish before use.
* Remember NEVER pick, Pry or bite your enhancement as this causes damage to the natural nail. If you require removal please contact us.

If you have any problems please contact us